

Heart-Centered Therapy *presents* “*Ordering from the Cosmic Kitchen*”

Experience this 6-week dynamic course in which you will:

Learn the principles for manifesting what you want in your life

Eliminate limiting beliefs by reprogramming the subconscious

Empower your thoughts by using affirmations, feelizations, and visualizations

The art of turning negatives into positives

Gain more confidence and increase your sense of worth

Believe you deserve to attract what you want for a purposeful, fulfilling and joyous life

Dates: 6 weeks (Mondays) beginning Monday, September 19, 2011.

Time: 6:30–8:30 p.m.

Cost: \$120.00 including book Ordering from the Cosmic Kitchen

Call: 760-742-1392 for further information or to sign up.

Location:

Philosophical Library
1330 E. Valley Pkwy.
Escondido 92027 (next to
China Bistro)

About the workshop leader: Rhoda Reilly is a Licensed Clinical Social Worker, Advanced Certified Hypnotherapist, Reiki Master, and a Heal Your Life Licensed Workshop Leader. Rhoda works as a psychotherapist and hypnotherapist in her private practice in Valley Center. Rhoda's mission is to inspire others by teaching transformational skills to dramatically improve their lives.

Heart-Centered Therapy, 33309 Lilac Road, Valley Center, 760-742-1392

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